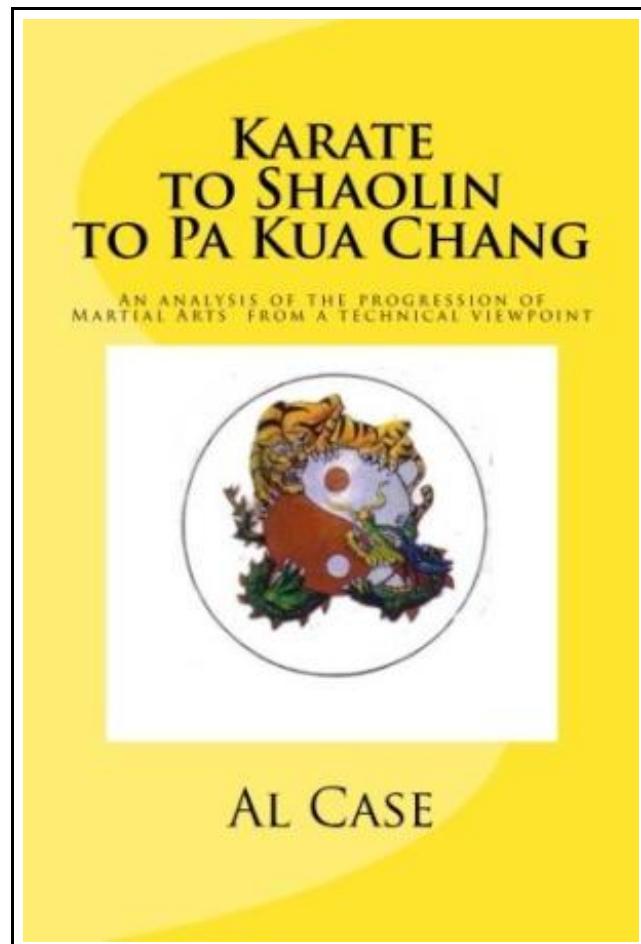


Karate to Shaolin to Pa Kua Chang: An Analysis of the Progression of Martial Arts from a Technical Viewpoint



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KARATE TO SHAOLIN TO PA KUA CHANG: AN ANALYSIS OF THE PROGRESSION OF MARTIAL ARTS FROM A TECHNICAL VIEWPOINT

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