



Molecular Gastronomy at Home: Taking Culinary Physics Out of the Lab and into Your Kitchen (Hardback)

By Jozef Youssef

FIREFLY BOOKS LTD, Canada, 2016. Hardback. Book Condition:

New. 221 x 208 mm. Language: English . Brand New Book.

Molecular Gastronomy, Microgastronomy, Bistronomy, Avant Garde Cuisine, Multi-Sensory Dining all mean the same thing - using food science to bring flavour, texture, taste and aromas to recipes in new ways. This book teaches the experienced home cook how to practise dozens of the most common methods used in molecular gastronomy. Clear and easy-to-follow step-by-step photographs demonstrate each technique so cooks can practise the unique skills and presentation concepts. Techniques that require special equipment are shown with their closest domestic equivalents. In addition to a brief history of molecular gastronomy, how it works, ingredients used and important safety rules, the book includes techniques and recipes as follow:

- * Sous-Vide - Under vacuum cooking, e.g. Confit salmon with pomme puree and squid ink;
- * Transglutaminase - meat glue e.g. Salmon and lemon sole terrine;
- * Dehydration - e.g. Beet powder and black olive soil ;
- * Centrifugal Cooking - e.g. Clarified watermelon cocktail;
- * Evaporation - How to make mouth-watering syrups and beverages without artificial flavourings;
- * Rapid Infusion - How to infuse flavours into liquids, e.g. Celery ice cream;
- * Adding Smoke...



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Reviews

The book is great and fantastic. Better then never, though i am quite late in start reading this one. I realized this publication from my dad and i advised this ebook to find out.

-- Dr. Blair Mann

Totally among the best publication I actually have actually go through. It can be filled with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Glen Ernser

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