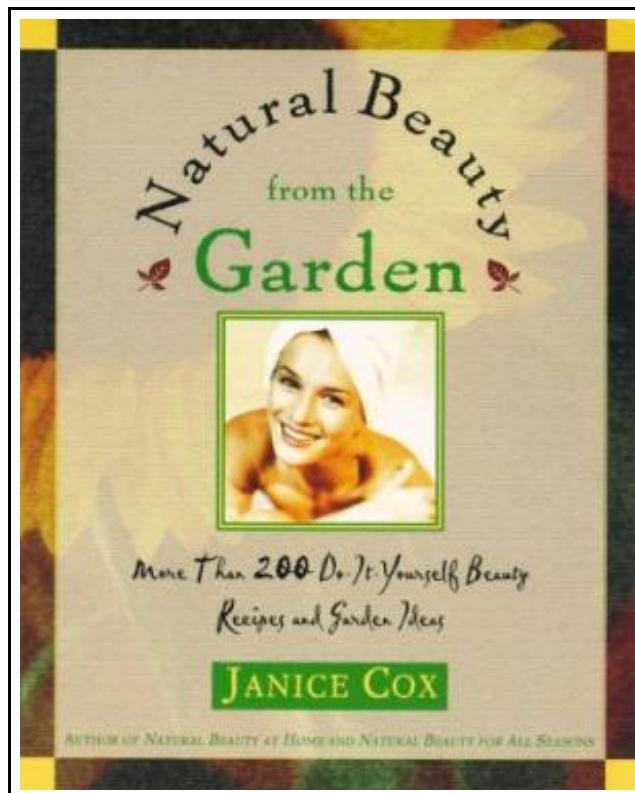


## Natural Beauty From The Garden: More Than 200 Do-It-Yourself Beauty Recipes & Garden Ideas



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Holt Paperbacks, 1999. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The third book in the very successful Natural Beauty series with sales over 70,000. If Natural Beauty at Home was inspired by the kitchen, and Natural Beauty for All Seasons was inspired by gift-giving, this book is inspired by the garden. Here, author Janice Cox presents over two hundred brand-new recipes for home beauty treatments that make use of common flowers, plants, herbs, grasses, and trees to create useful and lovely products for all aspects of skin, hair care, and bathing enjoyment. Readers will have her trademark step-by-step recipes for such items as Sunflower Seed Scrub, Aloe and Calula Cream, Rose Geranium Splash, Apricot Baby Oil, Scented Bath Pillow, and many, many more. In addition, over one hundred garden notes are sprinkled throughout the book, containing information on soil type, tools, containers, growing tips, and simple, whimsical garden designs. But, although gardeners will be drawn to this aspect of the book, you don't have to have a garden, or even a window box, to make the recipes here, since all ingredients can be found in natural food stores or farmers' markets. Natural Beauty from the Garden simply captures the spirit of the outdoors while promoting a fun, economical, natural beauty regime. This is a charming collection of beauty and garden freshness that anyone who loves to pamper herself or grow a garden full of flowers will want to have.



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