



## Food, Nutrition, and the Young Child (5th Edition)

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Pearson, 2003. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: 1. Nutrition: What Is It? 2. Food and Fitness for Health. 3. The Infant (Birth to 12 Months). 4. The Toddler (1 to 3 Years). 5. The Preschooler (3 to 5 Years). 6. The 6- to 8-Year-Old. 7. Center Food Service. 8. Integrating Food and Nutrition Concepts into the Early Childhood Curriculum. 9. Parent Involvement in Nutrition Education. Appendices: Appendix I: Online Diet Analysis Programs. Appendix II: Daily Values (DV) (from the 94 Edition). Appendix III: Dietary Reference Intakes (DRI). Appendix IV: Growth Charts: Birth to 36 Months and Children. Appendix V: Diet Assessment Tools for Infants and Children. Appendix VI: The Special Supplement Program for Women Infants and Children (WIC Program). Appendix VII: Equipment and Play Materials for Preschoolers. Appendix VIII: Traditional Food-Based Menu Planning Approach. Appendix IX: Enhanced Food-Based Menu Planning Approach. Appendix X: Minimum Nutrient and Calorie Levels for School Lunches. Appendix XI: Description of the School Breakfast Program, Special Milk Program, and Summer Food Service Program. Appendix XII: A Checklist of Foods and Preparation Methods (from the 94 Edition). Appendix XIII: Center Feeding Chart (from the 94 Edition). Appendix XIV: Notes...



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